

PATIENT NAME: _____ DATE OF BIRTH: _____

APPT DATE and TIME: _____ EXAM ORDERED: _____

REFERRING PROVIDER: _____ DIAGNOSIS AND SYMPTOMS: _____

*IF SOMEONE FROM ABERCROMBIE HAS NOT CALLED YOU WITHIN 24 HOURS OF YOUR APPOINTMENT,
 PLEASE CALL 865-584-3444 TO PRE-REGISTER*

PATIENT INSTRUCTIONS

MAMMOGRAPHY: **BREAST EVALUATION:** Arrive 15 minutes early - Screening mammogram, if asymptomatic **OR** Diagnostic mammogram, if symptomatic (additional views and/or ultrasound, if deemed necessary).

BONE DENSITOMETRY: (Weight limit 300 lbs.)

DEXA: No calcium supplements 24 hours before appointment time. No I.V. or oral contrast 48 hours before appointment time. No nuclear medicine studies 1 week before appointment time.

ULTRASOUND EXAMS: (Weight limit 500 lbs.)

ABDOMINAL ULTRASOUND COMPLETE:

ABDOMINAL ULTRASOUND LIMITED:

Do not eat or drink anything 6 – 8 hours before your exam time. Take daily medications with a sip of water if needed.

PELVIC ULTRASOUND: Eat as normal. Finish drinking 40 ounces of liquid 1 hour prior to appointment time. Full bladder is necessary for exam. Do not empty bladder.

RENAL ULTRASOUND: Eat as normal. Finish 20 oz. of any fluids 1 hour prior to appointment. Do not empty bladder.

MRI EXAMS: (Weight limit 550 lbs.) Must be at least 16 years old to receive sedation. Under 18 years old must weigh minimum of 100 lbs. If Sedation is required, the patient must bring a driver. Sedation will not be given if driver is not present at the time of the exam. Must be at least 18 years old to receive I.V. Contrast.

MRI WITHOUT CONTRAST **MRA WITHOUT CONTRAST**

No preparation needed. You may eat or drink as desired. Take medications as prescribed.

MRI WITH CONTRAST: **MRA WITH CONTRAST:**

Please drink 32 oz. of water within 4 hours of appointment time. Take medications as prescribed.

MRI BREAST: Must be performed 7 – 14 days from the first day of menstrual cycle. Please drink 32 oz. of water within 4 hours of appointment time. Take medications as needed.

MRCP/ABDOMEN/ENTEROGRAPHY/LIVER: Do not eat or drink anything or take medications 4 hours before appointment time.

MRI PROSTATE: Must use enema 2 hours before appointment time. Please drink 32 oz. of water within 4 hours of appointment time.

SPECIAL PROCEDURES/FLUORO: (Weight limit 500 lbs.) Minors must have parent or legal guardian present.

ARTHROGRAMS: Minimum age is 12 yrs. **STEROID INJECTIONS:**

No Preparation needed. Patient will need driver following hip and knee arthrograms. Patient will need driver following hip steroid injection.

EPIDURAL INJECTIONS (must bring driver):

NERVE ROOT BLOCKS (must bring driver):

LUMBAR PUNCTURE (must bring driver):

Nothing to eat 4 hours prior to exam, small amount of clear liquids is permitted. No blood thinning medication (SEE MEDICATION HOLD LIST) prior to exam –facility will instruct how many days for each medication. Patients on the following meds require INR and Platelet count [SEE LIST]: Coumadin, Warfarin, Effient and/or Xarelto.

HSG (Hysterosalpingogram): (Weight limit 500 lbs.)

Exam must be performed 7- 10 days after the first day of menstrual cycle. Start counting the days on the day you start your menstrual period. This exam cannot be performed after the 10th day of the cycle. A light meal prior to exam is okay, but prefer stomach to be almost empty. Must have pregnancy test the morning of the appointment.

ULTRASOUND-GUIDED PROCEDURES: (Weight limit 500 lbs.) Minors must have parent or legal guardian present.

BREAST BIOPSY: **BAKER’S CYST ASPIRATION:**

No preparation needed. No blood thinning medication (SEE MEDICATION HOLD LIST) prior to exam –facility will instruct how many days for each medication. Patients on the following meds require INR and Platelet count [SEE LIST]: Coumadin, Warfarin, Effient and/or Xarelto.

BREAST CYST ASPIRATION:

No preparation needed.